

SWAMI CHETANANANDA



FOUR NIGHTS AT Tibet House



22 W. 15th Street., 2nd Floor, New York, NY Suggested donation \$20. Please do not call Tibet House (see contact info below).

SATURDAY, OCTOBER 1, 7:30 PM

Talk on Tantric Meditation Practice

SUNDAY, MONDAY and TUESDAY, OCTOBER 2, 3 and 4, 7:30 PM Open Eyes Kundalini Meditation Class

IMPORTANT > > Required introduction for first timers at 6:00 PM on 10/2,3, and 4

If you haven't previously attended class with Swamiji, you must take the Introduction to Kundalini Meditation taught at 6:00 PM on class nights. The intro **need** only be taken one time_before your first class. You may come to all or any of the classes. Please call 212-431-5772 or e-mail chetanananda_nyc@yahoo.com to enroll. For more information and background about Swami Chetanananda, see **www.chetanananda.org/info**.