



SWAMI  
CHETANANDA

# *Dynamic Stillness*

Four Evenings At  
**TIBET HOUSE**

22 W. 15th St., 2nd Floor, NYC

**DECEMBER 1 at 7:30 PM**

Talk on Dynamic Stillness

Suggested donation \$20

**DECEMBER 2, 3 and 4 at 7:30 PM**

Open Eyes Kundalini Meditation Class\*

\*Mandatory intro at 6:00 PM for first-time attendees

Suggested donation \$20 per class

**IMPORTANT** :: If you haven't previously attended open eyes class with Swamiji, you must take the Introduction to Kundalini Meditation taught at 6:00 PM on class nights(Dec. 2-4). The intro need only be taken one time before your first class. You may come to all or any of the classes. Please call 212-431-5772 or e-mail [ni@touchstudio.com](mailto:ni@touchstudio.com) to enroll or for additional information.

*[www.NityanandaInstitute.org](http://www.NityanandaInstitute.org)*